



# MTB-Cup Marathon Braunlage 2009

Braunlage / 08.08.2009

## Detailed evaluation

**Kurok, Stephan**

Club: Hannover

Number: 245

Course: 57.00 km

Marathon-Tour mittel

Category:

Männer

Total time: 3:14:31

Speed: 17.58 km/h

Rank in course/Total: 98 (of 145)

Rank in course/Men: 94 (of 137)

Best time in course: 2:10:00

Rank in category: 59(of 137)

Best time in the category: 2:10:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.29	49:43	13.63	100	15:22	100	15:22	11.29	49:43	13.63	105		105	
Lap 2	19.00	1:02:38	18.20	94	34:37	94	34:37	30.29	1:52:21	16.18	98	25:27	98	25:27
Lap 3	19.00	1:09:34	16.39	101	37:58	101	37:58	49.29	3:01:55	16.26	122	1:00:17	122	1:00:17
Last lap Finish	7.71	12:36	36.71	120	4:48	120	4:48	57.00	3:14:31	17.58	105	2:44:30	105	2:44:30