



MTB-Cup Marathon Braunlage 2009

Braunlage / 08.08.2009

Detailed evaluation

Ostrowski, Thorsten

Club: RSV Adler Goslar

Number: 114

Course: 95.00 km

Marathon-Tour lang

Category:

Männer

Total time: 4:25:04

Speed: 21.50 km/h

Rank in course/Total: 14 (of 34)

Rank in course/Men: 14 (of 34)

Best time in course: 3:36:27

Rank in category: 8(of 34)

Best time in the category: 3:36:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	11.29	39:31	16.70	13	5:39	13	5:39	11.29	39:31	16.70	3		3	
Lap 2	19.00	49:15	23.15	13	10:33	13	10:33	30.29	1:28:46	20.28	3		3	
Lap 3	19.00	51:55	21.96	13	9:18	13	9:18	49.29	2:20:41	20.90	3		3	
Lap 4	19.00	56:11	20.29	19	12:39	19	12:39	68.29	3:16:52	20.72	1	-	1	-
Lap 5	19.00	59:36	19.13	20	14:23	20	14:23	87.29	4:16:28	20.35	14	39:30	14	39:30
Last lap Finish	7.71	8:36	48.84	9	0:21	9	0:21	95.00	4:25:04	21.50	20	1:09:20	20	1:09:20