



MTB-Cup Marathon Braunlage 2009

Braunlage / 08.08.2009

Detailed evaluation

Elpel, Armin

Club: MBC Hannover

Number: 128

Course: 57.00 km

Marathon-Tour mittel

Category:

Männer

Total time: 2:40:54

Speed: 21.26 km/h

Rank in course/Total: 38 (of 145)

Rank in course/Men: 38 (of 137)

Best time in course: 2:10:00

Rank in category: 11(of 137)

Best time in the category: 2:12:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	km/h	Pos	Behind	Pos				
Lap 1	11.29	43:10	15.29	45	8:49	45	8:49	11.29	43:10	15.29	48			48			
Lap 2	19.00	54:05	21.08	46	26:04	46	26:04	30.29	1:37:15	18.51	41	10:21	41	10:21			
Lap 3	19.00	54:53	20.77	33	23:17	33	23:17	49.29	2:32:08	19.33	38	30:30	38	30:30			
Last lap Finish	7.71	8:46	47.91	34	0:58	34	0:58	57.00	2:40:54	21.26	48	2:10:53	48	2:10:53			