



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Die MAM-Triathleten

Total time: 56:39

Club: Die MAM-Triathleten

Number: 456

Course: 15.00 km

Rank in course/Total: 3 (of 9)

Jedermann Crosstriathlon Staffel

Rank in course/Total: 3 (of 9)

Best time in course: 50:41

Category:

Rank in category: 3(of 9)

Jedermann-Crosstriathlon-Staffel

Best time in the category: 50:41

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total
	km	Time				Total	Total								
Schwimmen	0.40	8:55	2.69	5	1:11	5	1:11	0.40	8:55	2.69	3	1:07	3	1:07	
Rad	9.20	24:06	22.90	4	4:08	4	4:08	9.60	33:01	17.45	3	5:15	3	5:15	
Lauf	5.40	23:38	13.71	2	0:43	2	0:43	15.00	56:39	15.89	3	5:58	3	5:58	