



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Greiner-Mai, Frank

Total time: 2:30:58

Club: Ueckermünde

Number: 137

Course: 52.10 km

Rank in course/Total: 55 (of 85)

stz-Werratal-Triathlon 1,5-40-10

Rank in course/Men: 51 (of 73)

Best time in course: 1:51:12

Category:

Rank in category: 12(of 18)

TM 40, Senioren 1

Best time in the category: 2:06:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	1.50	23:42	2.53	10	5:52	53	9:20	1.50	23:42	2.53	8		6	0:35
Rad	42.00	1:17:02	32.71	13	10:27	56	18:12	43.50	1:40:44	25.61	8		6	1:02
Lauf	9.60	50:14	10.75	12	11:44	44	14:10	52.10	2:30:58	20.67	12	24:26	51	39:46