



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Dirkes, Siegfried

Total time: 57:50

Club: Cross Triathlon Friedrichroda

Number: 256

Course: 15.00 km

Rank in course/Total: 11 (of 55)

Jedermann Triathlon 0,4-9,2-5

Rank in course/Men: 11 (of 42)

Best time in course: 50:52

Category:

Rank in category: 5(of 24)

Senioren

Best time in the category: 53:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	fehlt!	-	-	-	-	-	0.40	-	-	-	-	-	-
Rad	9.20	31:56	16.91	22	11:08	40	11:08	9.60	31:56	16.91	20		30	
Lauf	5.40	25:54	11.58	6	2:12	13	4:05	15.00	57:50	15.56	5	4:45	11	6:58