



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Heiderich, Sebastian

Total time: 2:36:15

Club: Triathlon Barchfeld

Number: 114

Course: 52.10 km

Rank in course/Total: 65 (of 85)

stz-Werratal-Triathlon 1,5-40-10

Rank in course/Men: 59 (of 73)

Best time in course: 1:51:12

Category:

Rank in category: 11(of 11)

TM 30

Best time in the category: 1:52:27

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total | | Total km/h | Pos Cat. | Behind Cat. | Total ranking | |
|-----------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|-------|---------|---------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Schwimmen | 1.50 | 23:25 | 2.56 | 11 | 7:31 | 50 | 9:03 | 1.50 | 23:25 | 2.56 | 11 | 7:31 | 35 | 0:18 |
| Rad | 42.00 | 1:15:46 | 33.26 | 10 | 16:56 | 46 | 16:56 | 43.50 | 1:39:11 | 26.01 | 10 | 24:27 | 34 | |
| Lauf | 9.60 | 57:04 | 9.46 | 10 | 21:00 | 61 | 21:00 | 52.10 | 2:36:15 | 19.97 | 11 | 43:48 | 59 | 45:03 |