



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Heiderich, Sebastian

Total time: 2:36:15

Club: Triathlon Barchfeld

Number: 114

Course: 52.10 km

Rank in course/Total: 65 (of 85)

stz-Werratal-Triathlon 1,5-40-10

Rank in course/Men: 59 (of 73)

Best time in course: 1:51:12

Category:

Rank in category: 11(of 11)

TM 30

Best time in the category: 1:52:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	1.50	23:25	3.84	11	7:31	50	9:03	1.50	23:25	3.84	11	7:31	35	0:18
Rad	42.00	1:15:46	33.26	10	16:56	46	16:56	43.50	1:39:11	26.31	10	24:27	34	
Lauf	9.60	57:04	10.09	10	21:00	61	21:00	52.10	2:36:15	20.01	11	43:48	59	45:03