



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Kowalski, Edith

Total time: 2:39:51

Club: TRIATHLON Gera e.V.

Number: 146

Course: 52.10 km

Rank in course/Total: 74 (of 85)

stz-Werratal-Triathlon 1,5-40-10

Rank in course/Women: 7 (of 12)

Best time in course: 2:15:51

Category:

Rank in category: 1(of 2)

TW 50, Seniorinnen 3

Best time in the category: 2:39:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	1.50	23:22	3.85	1	-	7	7:35	1.50	23:22	3.85	1	-	7	3:21
Rad	42.00	1:17:15	32.62	1	-	3	4:44	43.50	1:40:37	25.94	1	-	7	8:05
Lauf	9.60	59:14	9.72	1	-	8	17:01	52.10	2:39:51	19.56	1	-	7	24:00