



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Amstein, Torsten

Total time: 58:39

Club: Jena

Number: 299

Course: 15.00 km

Rank in course/Total: 15 (of 55)

Jedermann Triathlon 0,4-9,2-5

Rank in course/Men: 15 (of 42)

Best time in course: 50:52

Category:

Rank in category: 7(of 12)

Hauptklasse männlich

Best time in the category: 50:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:38	0.00	10	3:07	25	3:16	0.40	10:38	0.00	7	2:55	4	
Rad	9.20	23:02	23.44	8	2:07	13	2:14	9.60	33:40	16.04	7	5:02	34	
Lauf	5.40	24:59	12.01	5	3:10	9	3:10	15.00	58:39	15.35	7	7:47	15	7:47