



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Beinersdorf, Heiko

Total time: 1:00:09

Club: Weimar

Number: 298

Course: 15.00 km

Rank in course/Total: 18 (of 55)

Jedermann Triathlon 0,4-9,2-5

Rank in course/Men: 17 (of 42)

Best time in course: 50:52

Category:

Rank in category: 8(of 12)

Hauptklasse männlich

Best time in the category: 50:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	9:18	0.00	7	1:47	12	1:56	0.40	9:18	0.00	8	1:35	37	
Rad	9.20	22:40	23.82	6	1:45	10	1:52	9.60	31:58	16.89	8	3:20	36	
Lauf	5.40	28:11	10.64	9	6:22	20	6:22	15.00	1:00:09	14.96	8	9:17	17	9:17