



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Ramming, Dr. Klaus

Total time: 1:04:14

Club: Laufverein Schwarzatal

Number: 283

Course: 15.00 km

Rank in course/Total: 29 (of 55)

Jedermann Triathlon 0,4-9,2-5

Rank in course/Men: 26 (of 42)

Best time in course: 50:52

Category:

Rank in category: 13(of 24)

Senioren

Best time in the category: 53:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	10:10	0.00	7	2:48	18	2:48	0.40	10:10	0.00	1	-	5	
Rad	9.20	25:48	20.93	16	5:00	29	5:00	9.60	35:58	15.01	1	-	5	
Lauf	5.40	28:16	10.61	9	4:34	21	6:27	15.00	1:04:14	14.01	13	11:09	26	13:22