



# 24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

## Detailed evaluation

Swiderski, Katrin

Total time: 1:09:34

Club: WSC 07 Ruhla

Number: 291

Course: 15.00 km

Rank in course/Total: 37 (of 55)

Jedermann Triathlon 0,4-9,2-5

Rank in course/Women: 6 (of 13)

Best time in course: 58:54

Category:

Rank in category: 2(of 2)

Seniorinnen

Best time in the category: 1:04:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	10:49	0.00	2	1:03	8	2:08	0.40	10:49	0.00	2	1:03	6	2:08
Rad	9.20	26:08	20.66	1	-	5	1:38	9.60	36:57	14.61	2	1:02	6	3:46
Lauf	5.40	32:37	9.20	2	4:19	6	6:54	15.00	1:09:34	12.94	2	5:21	6	10:40