



24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009

Detailed evaluation

Heimbürge, Thomas

Total time: 1:10:24

Club: Ingersleben

Number: 293

Course: 15.00 km

Rank in course/Total: 39 (of 55)

Jedermann Triathlon 0,4-9,2-5

Rank in course/Men: 33 (of 42)

Best time in course: 50:52

Category:

Rank in category: 18(of 24)

Senioren

Best time in the category: 53:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.40	12:55	0.00	20	5:33	38	5:33	0.40	12:55	0.00	8	2:45	1	-
Rad	9.20	25:07	21.50	13	4:19	26	4:19	9.60	38:02	14.20	7	2:04	12	1:38
Lauf	5.40	32:22	9.27	16	8:40	31	10:33	15.00	1:10:24	12.78	18	17:19	33	19:32