



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Purle, Heike

Club: Wasungen

Number: 906

Course: 10.50 km

10, 5 km-Lauf

Category:

Frauen W45

Total time: 55:31

Speed: 10.81 km/h

Running performance: 5:17 min/km

Rank in course/Total: 86 (of 135)

Rank in course/Women: 8 (of 26)

Best time in course: 42:53

Rank in category: 2(of 8)

Best time in the category: 51:11