



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Greiner, Josephine

Club: TSV Grümwald

Number: 864

Course: 10.50 km

10, 5 km-Lauf

Category:

weibliche Jugend A

Total time: 55:45

Speed: 10.76 km/h

Running performance: 5:19 min/km

Rank in course/Total: 87 (of 135)

Rank in course/Women: 9 (of 26)

Best time in course: 42:53

Rank in category: 2(of 2)

Best time in the category: 42:53