



## 4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

### Detailed evaluation

**Wendemuth, Eckhard**

Club: SC Impuls Erfurt

Number: 885

Course: 10.50 km

10, 5 km-Lauf

Category:

Männer M65

Total time: 56:19

Speed: 10.65 km/h

Running performance: 5:22 min/km

Rank in course/Total: 90 (of 135)

Rank in course/Men: 79 (of 109)

Best time in course: 39:14

Rank in category: 2(of 8)

Best time in the category: 49:50