



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Pfaff, Dustin

Club: Saalfelder LV

Number: 897

Course: 10.50 km

10, 5 km-Lauf

Category:

männliche Jugend B

Total time: 59:21

Speed: 10.11 km/h

Running performance: 5:39 min/km

Rank in course/Total: 99 (of 135)

Rank in course/Men: 85 (of 109)

Best time in course: 39:14

Rank in category: 2(of 4)

Best time in the category: 48:24