



## 4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

### Detailed evaluation

**Reiche, Cassandra**

Club: LSV Lok Arnstadt

Number: 814

Course: 10.50 km

10, 5 km-Lauf

Category:

weibliche Jugend B

Total time: 59:42

Speed: 10.05 km/h

Running performance: 5:41 min/km

Rank in course/Total: 101 (of 135)

Rank in course/Women: 15 (of 26)

Best time in course: 42:53

Rank in category: 1(of 2)

Best time in the category: 59:42