



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Kummer, Patrick

Club: WSV Schmiedefeld

Number: 845

Course: 10.50 km

10, 5 km-Lauf

Category:

männliche Jugend B

Total time: 1:04:19

Speed: 9.33 km/h

Running performance: 6:08 min/km

Rank in course/Total: 116 (of 135)

Rank in course/Men: 98 (of 109)

Best time in course: 39:14

Rank in category: 4(of 4)

Best time in the category: 48:24