



## 4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

### Detailed evaluation

**Diez, Utz**

Club: USV Jena e.V.

Number: 835

Course: 10.50 km

10, 5 km-Lauf

Category:

Männer M75

Total time: 1:06:43

Speed: 8.99 km/h

Running performance: 6:21 min/km

Rank in course/Total: 121 (of 135)

Rank in course/Men: 101 (of 109)

Best time in course: 39:14

Rank in category: 1(of 2)

Best time in the category: 1:06:43