



## 4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

### Detailed evaluation

**Pfeuffer, Erika**

Club: WSV Ilmenau

Number: 901

Course: 10.50 km

10, 5 km-Lauf

Category:

Frauen W65

Total time: 1:10:00

Speed: 8.57 km/h

Running performance: 6:40 min/km

Rank in course/Total: 129 (of 135)

Rank in course/Women: 24 (of 26)

Best time in course: 42:53

Rank in category: 1(of 1)

Best time in the category: 1:10:00