



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Zimmermann, Uwe

Club: USV Jena

Number: 834

Course: 10.50 km

10, 5 km-Lauf

Category:

Männer M50

Total time: 1:21:40

Speed: 7.35 km/h

Running performance: 7:47 min/km

Rank in course/Total: 134 (of 135)

Rank in course/Men: 109 (of 109)

Best time in course: 39:14

Rank in category: 8(of 8)

Best time in the category: 45:31