



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Brandt, Christoph

Club: SV TU Ilmenau

Number: 865

Course: 10.50 km

10, 5 km-Lauf

Category:

Männer M20

Total time: 40:46

Speed: 14.72 km/h

Running performance: 3:53 min/km

Rank in course/Total: 5 (of 135)

Rank in course/Men: 5 (of 109)

Best time in course: 39:14

Rank in category: 2(of 15)

Best time in the category: 40:01