



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Kaufmann, Andre

Club: TSV Germania1887e.V. Neustadt(Orla)

Number: 817

Course: 10.50 km

10, 5 km-Lauf

Category:

Männer M45

Total time: 50:24

Speed: 11.90 km/h

Running performance: 4:48 min/km

Rank in course/Total: 52 (of 135)

Rank in course/Men: 50 (of 109)

Best time in course: 39:14

Rank in category: 13(of 18)

Best time in the category: 39:41