



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Robbi, Hans-Jürgen

Club: Arnstadt

Number: 924

Course: 10.50 km

10, 5 km-Lauf

Category:

Männer M60

Total time: 50:28

Speed: 11.89 km/h

Running performance: 4:49 min/km

Rank in course/Total: 53 (of 135)

Rank in course/Men: 51 (of 109)

Best time in course: 39:14

Rank in category: 4(of 9)

Best time in the category: 46:19