



4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

Detailed evaluation

Link, Dietmar

Club: SV TU Ilmenau

Number: 872

Course: 10.50 km

10, 5 km-Lauf

Category:

Männer M35

Total time: 52:07

Speed: 11.51 km/h

Running performance: 4:58 min/km

Rank in course/Total: 62 (of 135)

Rank in course/Men: 58 (of 109)

Best time in course: 39:14

Rank in category: 7(of 10)

Best time in the category: 39:49