



## 4. Lauf "Rund um die Sportlerklausur"

Frauenwald / 15.08.2009

### Detailed evaluation

**Behrenz, Ines**

Club: Arnstadt

Number: 914

Course: 10.50 km

10, 5 km-Lauf

Category:

Frauen W35

Total time: 53:55

Speed: 11.13 km/h

Running performance: 5:08 min/km

Rank in course/Total: 73 (of 135)

Rank in course/Women: 5 (of 26)

Best time in course: 42:53

Rank in category: 1(of 4)

Best time in the category: 53:55