



4. Nordic-Walking-Tag Bad Dürrenberg

Bad Dürrenberg / 15.08.2009

Detailed evaluation

Joachim, Anne-Katrin

Club: SG Spergau

Number: 37

Course: 6.00 km

6 km-Strecke

Total time: 46:47

Speed: 7.70 km/h

Course score: 6.00

performance score: 46 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|-------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 10:30 | 00:00 | 00:00 |
| Wengelsdorf | 3.5 | 3.5 | 10:53 | 00:23 | 00:23 |
| Finish | 6.0 | 2.5 | 11:16 | 00:46 | 00:23 |