



4. Nordic-Walking-Tag Bad Dürrenberg

Bad Dürrenberg / 15.08.2009

Detailed evaluation

Thoms, Gisela

Club: SG Spergau

Number: 70

Course: 6.00 km

6 km-Strecke

Total time: 49:46

Speed: 7.23 km/h

Course score: 6.00

performance score: 43 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:30	00:00	00:00
Wengelsdorf	3.5	3.5	10:54	00:24	00:24
Finish	6.0	2.5	11:19	00:49	00:25