



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Temmler, Matthias

Club: SV NOrmania Treffurt e.V.
Number: 104

Course: 13.00 km
Mittelstrecke

Category:
Männer M45

Total time: 1:08:41

Speed: 11.36 km/h
Running performance: 5:17 min/km

Rank in course/Total: 43 (of 101)

Rank in course/Men: 41 (of 77)

Best time in course: 51:48

Rank in category: 6(of 12)

Best time in the category: 54:19