



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Romming, Nicole

Club: Fitnessoase Ohrdruf
Number: 128

Course: 13.00 km
Mittelstrecke

Category:
Frauen W35

Total time: 1:08:51

Speed: 11.33 km/h
Running performance: 5:18 min/km

Rank in course/Total: 45 (of 101)

Rank in course/Women: 3 (of 24)

Best time in course: 56:41

Rank in category: 1(of 4)

Best time in the category: 1:08:51