



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Kirschbaum, Andeas

Club: Mühlhausen
Number: 101

Course: 13.00 km
Mittelstrecke

Category:
Männer M45

Total time: 1:10:39

Speed: 11.04 km/h
Running performance: 5:26 min/km

Rank in course/Total: 50 (of 101)

Rank in course/Men: 46 (of 77)

Best time in course: 51:48

Rank in category: 7(of 12)

Best time in the category: 54:19