



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

**Meyfarth, Falko**

Club: Mihla  
Number: 180

Course: 13.00 km  
Mittelstrecke

Category:  
Männer M45

Total time: 1:13:52

Speed: 10.56 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 60 (of 101)

Rank in course/Men: 53 (of 77)

Best time in course: 51:48

Rank in category: 9(of 12)

Best time in the category: 54:19