



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

fütterer, friedbert

Club: sv gernode 1887 ev
Number: 112

Course: 13.00 km
Mittelstrecke

Category:
Männer M55

Total time: 1:15:54

Speed: 10.28 km/h
Running performance: 5:50 min/km

Rank in course/Total: 62 (of 101)

Rank in course/Men: 54 (of 77)

Best time in course: 51:48

Rank in category: 5(of 8)

Best time in the category: 1:06:34