



## 15. Hainich-Lauf

Mihla / 16.08.2009

### Detailed evaluation

**Schirmer, Karin**

Club: Kegelveerein LEINEFELDE

Number: 157

Course: 13.00 km

Walking, N.-Walking Mittelstrecke

Category:

Walking, Nordic Walking Frauen

Total time: 2:15:41

Speed: 5.75 km/h

Running performance: 10:26 min/km

Rank in course/Total: 7 (of 7)

Rank in course/Women: 2 (of 2)

Best time in course: 1:47:08

Rank in category: 2(of 2)

Best time in the category: 1:47:08