



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

Schneider, Klaus

Club: Rhöner WSV  
Number: 198

Course: 13.00 km  
Mittelstrecke

Category:  
Männer M45

Total time: 1:17:27

Speed: 10.07 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 68 (of 101)

Rank in course/Men: 58 (of 77)

Best time in course: 51:48

Rank in category: 10(of 12)

Best time in the category: 54:19