



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Grebe, Martin

Club: Eisenach
Number: 98

Course: 13.00 km
Mittelstrecke

Category:
Männer M45

Total time: 1:18:42

Speed: 9.91 km/h
Running performance: 6:03 min/km

Rank in course/Total: 71 (of 101)

Rank in course/Men: 60 (of 77)

Best time in course: 51:48

Rank in category: 11(of 12)

Best time in the category: 54:19