



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Nowatzky, Uwe

Club: SV Mihla
Number: 172

Course: 13.00 km
Mittelstrecke

Category:
Männer M40

Total time: 1:19:16

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 73 (of 101)

Rank in course/Men: 62 (of 77)

Best time in course: 51:48

Rank in category: 17(of 17)

Best time in the category: 53:34