



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Brandt, Sebastian

Club: Fitnessoase Ohrdruf
Number: 81

Course: 13.00 km
Mittelstrecke

Category:
Männer M20

Total time: 1:20:03

Speed: 9.74 km/h
Running performance: 6:10 min/km

Rank in course/Total: 74 (of 101)

Rank in course/Men: 63 (of 77)

Best time in course: 51:48

Rank in category: 5(of 7)

Best time in the category: 1:02:28