



15. Hainich-Lauf

Mihla / 16.08.2009

Detailed evaluation

Krone, Jörg

Club: Sportteam-Steinbach Meiningen

Number: 322

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:23:15

Speed: 15.14 km/h

Running performance: 3:57 min/km

Rank in course/Total: 2 (of 87)

Rank in course/Men: 2 (of 76)

Best time in course: 1:18:30

Rank in category: 1(of 12)

Best time in the category: 1:23:15