



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

Becker, Frank

Club: USV Erfurt  
Number: 347

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:31:50

Speed: 13.79 km/h  
Running performance: 4:21 min/km

Rank in course/Total: 9 (of 87)

Rank in course/Men: 9 (of 76)

Best time in course: 1:18:30

Rank in category: 3(of 14)

Best time in the category: 1:27:09