



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Flock, Peter

Club: Gebesee
Number: 312

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:32:28

Speed: 13.63 km/h
Running performance: 4:23 min/km

Rank in course/Total: 10 (of 87)

Rank in course/Men: 10 (of 76)

Best time in course: 1:18:30

Rank in category: 4(of 17)

Best time in the category: 1:24:42