



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Ludwig, Eckhard

Club: Bad Berka
Number: 191

Course: 13.00 km
Mittelstrecke

Category:
Männer M50

Total time: 1:33:09

Speed: 8.37 km/h
Running performance: 7:10 min/km

Rank in course/Total: 97 (of 101)

Rank in course/Men: 77 (of 77)

Best time in course: 51:48

Rank in category: 7(of 7)

Best time in the category: 57:44