15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Staufenbiel, Roman

Club: SV Diedorf 1921
Number: 383

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:36:03

Speed: 13.18 km/h
Running performance: 4:33 min/km

Rank in course/Total: 14 (of 87)

Rank in course/Men: 14 (of 76)

Best time in course: 1:18:30

Rank in category: 6(of 17)

Best time in the category: 1:24:42