



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Fischer, Wieland

Club: SV Ber5ka Hainich
Number: 365

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:40:04

Speed: 12.59 km/h
Running performance: 4:44 min/km

Rank in course/Total: 19 (of 87)

Rank in course/Men: 19 (of 76)

Best time in course: 1:18:30

Rank in category: 6(of 14)

Best time in the category: 1:27:09