



15. Hainich-Lauf

Mihla / 16.08.2009

Detailed evaluation

Rößler, Jürgen

Club: 1. TSV 1990 Bad Salzungen

Number: 333

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 1:43:50

Speed: 12.13 km/h

Running performance: 4:55 min/km

Rank in course/Total: 24 (of 87)

Rank in course/Men: 24 (of 76)

Best time in course: 1:18:30

Rank in category: 1(of 7)

Best time in the category: 1:43:50