



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

**Sickel, Steffen**

Club: FC Gebesee  
Number: 405

Course: 21.10 km  
Halbmarathon

Category:  
Männer M35

Total time: 1:47:34

Speed: 11.71 km/h  
Running performance: 5:06 min/km

Rank in course/Total: 33 (of 87)

Rank in course/Men: 32 (of 76)

Best time in course: 1:18:30

Rank in category: 9(of 17)

Best time in the category: 1:24:42