



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Greifzu, Roman

Club: SV Unterweid
Number: 395

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:47:43

Speed: 11.70 km/h
Running performance: 5:07 min/km

Rank in course/Total: 34 (of 87)

Rank in course/Men: 33 (of 76)

Best time in course: 1:18:30

Rank in category: 4(of 4)

Best time in the category: 1:18:30