



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

**Metzing, Aline**

Club: SV Mihla Staffelteam I  
Number: 400

Course: 21.10 km  
Halbmarathon

Category:  
Frauen W35

Total time: 1:48:47

Speed: 11.58 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 37 (of 87)

Rank in course/Women: 2 (of 11)

Best time in course: 1:44:56

Rank in category: 1(of 3)

Best time in the category: 1:48:47