



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

**Zösche, Karsten**

Club: KSZU Meiningen  
Number: 381

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:51:40

Speed: 11.28 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 43 (of 87)

Rank in course/Men: 41 (of 76)

Best time in course: 1:18:30

Rank in category: 8(of 14)

Best time in the category: 1:27:09